

# New Wellness Team Leader

## Hired at Our Lady of Perpetual Help Convent

Welcome to Amanda Palmeri who has been hired to serve in a newly created health care initiative at Our Lady of Perpetual Help Convent in Sound Beach, NY. Amanda is our new Wellness Team Leader and will be working to establish a holistic approach to care through programs that will help to prevent disease and promote well-being to the 17 Sisters who reside at OLPH. Amanda will design new approaches in care that will incorporate a variety of community health care resources and providers to benefit not only the Sisters who live at OLPH but the staff as well.



A registered nurse who studied locally, Amanda earned an associate degree in nursing at Suffolk County Community College in Selden, NY and a bachelor of science degree in nursing from Stony Brook University in Stony Brook, NY. She continues her studies and is in the process of obtaining certifications as a Chronic Care Professional, Nurse Coach, and in Holistic Health through the National Institute of Whole Health in Boston, MA.

Having experience working with both young and elderly populations, Amanda also has experience in international public health and served as a triage and acute care nurse in a local clinic, jail, and orphanage in Mityana, Uganda.

Amanda sees “the interconnected nature of our world today” with a philosophy of “whatever aids or depresses the health of even the humblest, most remote people ultimately influences us all.”

*Welcome to the Daughters of Wisdom, USA Province, Amanda!*

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